



# KINDERGARTEN

## Virtual Workshop Series Outline - Fall

### LESSON ONE: KINDNESS

**Conflict Resolution Themes and Strategies:** Learners will explore what it looks, feels and sounds like to be kind.

**Curriculum Expectations Covered:**

- 4.3 Belonging and Contributing
- 4.4 Self-Regulation and Well-being
  - 2.5 develop empathy for others, and acknowledge and respond to each other's feelings

### LESSON TWO: FEELINGS

**Conflict Resolution Themes and Strategies:** Learners will identify different emotions and explore how we can understand how others are feeling.

**Curriculum Expectations Covered:**

- 4.3 Belonging and Contributing
- 4.4 Self-Regulation and Well-being
  - 2.4 demonstrate self-control and adapt behaviour to different contexts within the school environment

### LESSON THREE: FINDING CALM

**Conflict Resolution Themes and Strategies:** Learners will explore how they can "find calm" when they're experiencing feelings of anger, frustration, silliness or overwhelm.

**Curriculum Expectations Covered:**

- 4.3 Belonging and Contributing
- 4.4 Self-Regulation and Well-being
  - 2.4 demonstrate self-control and adapt behaviour to different contexts within the school environment

#### OBJECTIVE

Learners will develop conflict resolution skills and self efficacy in your classroom in hands-on activities, like games, drama, art and simulations.

#### MATERIALS

- Space: All activities can be done in your own classroom
- Tech: Device and projection for virtual facilitation video calls

#### YOUR WORKSHOP SERIES INCLUDES:

- 5 cross-curricular TREE-led workshops
- TREE virtual classroom facilitators
- Weekly additional classroom resources:
  - Activity suggestions
  - Sharing circle prompts
  - Read-aloud guide
- Weekly evaluation tools
- Resources for families

## LESSON FOUR: LISTENING

**Conflict Resolution Themes and Strategies:** Learners will practice their active listening skills through interactive games.

**Curriculum Expectations Covered:**

- 4.3 Belonging and Contributing
  - 1.2 listen and respond to others, both verbally and non-verbally, for a variety of purposes and in a variety of contexts
- 4.4 Self-Regulation and Well-being
  - 1.6 use language (verbal and non-verbal communication) to communicate their thinking, to reflect, and to solve problems
  - 1.3 use and interpret gestures, tone of voice, and other non-verbal means to communicate and respond

## LESSON FIVE: THAT'S NOT FAIR!

**Conflict Resolution Themes and Strategies:** Learners will explore strategies to respond to others when they feel a situation is not fair.

**Curriculum Expectations Covered:**

- 4.4 Self-Regulation and Well-Being
  - 1.3 use and interpret gestures, tone of voice, and other non-verbal means to communicate and respond
  - 2.4 demonstrate self-control and adapt behaviour to different contexts within the school environment
  - 3.2 demonstrate the ability to take turns during activity and discussions
- 4.3 Belonging and Contributing

### Works Referenced

Ontario Ministry of Education. (2015). The Kindergarten Program [Program of Studies]. Retrieved from [https://files.ontario.ca/books/edu\\_the\\_kindergarten\\_program\\_english\\_aoda\\_web\\_oct7.pdf](https://files.ontario.ca/books/edu_the_kindergarten_program_english_aoda_web_oct7.pdf)