






THRIVING IN DIVERSE COMMUNITIES

Recognizing power and building empathy

WORKSHOP OVERVIEW

Participants will:

-  Build awareness of structural inequality in their community
-  Build empathy for diverse experiences
-  Practice engaging in respectful dialogue

Activity Description:

- In this active adaption of capture-the-flag, teams must strategize to survive an apocalyptic winter with limited resources. Teams must defend their territory while trying to gather and keep food safe from other teams, while following the rules specific to their own team. Who will survive when the power between teams is unbalanced?

Workshop Outline:

1. Introduction
2. Activity: In teams, participants will to gather as many resources as they can to survive an apocalyptic winter
3. Debrief & conclusion: Participants will debrief the game to tie in concepts of unfairness, empathy, and equity through facilitated discussion

Ontario Curriculum Connections:

- If desired, each lesson can be adapted to align with the Ontario school curriculum in the following subjects:
 - Art
 - Social Studies
 - Health

TIME

- 60-75 minutes

AGE LEVEL

- This activity was designed for students in grades 6 to 8
- Can be adapted to fit other age groups

SET- UP:

- This activity requires an open space

ACCESSIBILITY:

- This activity requires standing and running, but could be adapted for reduced movement.
- This activity does not require reading