

# LESSON ONE: GROWTH MINDSET FOR CONFLICT RESOLUTION

**Conflict Resolution Strategies:** Learners will apply problemsolving strategies for resiliency, creativity, confidence, and persistence in a collaborative drama game.

#### **Curriculum Expectations Covered:**

- Arts B1.1 engaged in a dramatic play and role play, with a focus on exploring themes, ideas, characters, and issues from imagination or in stories from diverse communities, times, and places
- Arts B1.4 communicate feelings and ideas to a familiar audience using audio, visual or technological aids to support or enhance their drama work

#### **OBJECTIVE**

Learners will develop conflict resolution skills and self efficacy in your grade five classroom in hands-on activities, like games, drama, art and simulations.

TIME | 80 minutes

#### **MATERIALS**

- Space: all activities can be done in your own classroom!
- Whiteboard and markers

## **LESSON TWO: WHAT IS NON-VIOLENCE?**

**Conflict Resolution Strategies:** Learners will identify and analyse various non-violent strategies to address injustice, violence, and facilitate effective conflict resolution.

#### **Curriculum Expectations Covered:**

- Health and Physical Education C1.1- identify people and supportive services that can assist with injury prevention, emergencies, bullying, and abusive and violent situations
- Language; Oral Communication 1.6- extend understanding of oral texts by connecting the ideas in them to their own knowledge, experience, and insights; to other texts, including print and visual texts; and to the world around them
- Social Studies A3.7 describe some significant effects of European conflicts on First Nations and on early Canada

# YOUR WORKSHOP SERIES INCLUDES:

- 5 cross-curricular workshops
- 2 TREE classroom facilitators
- Weekly evaluation tools
- Weekly additional classroom resources:
  - Activity suggestions
  - Reflection prompts
  - Media & discussion guide
- · Resources for families

#### LESSON THREE: NON-VIOLENT COMMUNICATION AND ACTION

**Conflict Resolution Strategies:** Learners will explore and apply non-violent communication strategies in interpersonal relationships through simulation games.

#### **Curriculum Expectations Covered:**

- Health and Physical Education C2.2- demonstrate the ability to deal with threatening situations by applying appropriate living skills and safety strategies
- Language; Oral Communication 2.4- use appropriate words and phrases from the full range of their vocabulary including inclusive and non-discriminatory language, and stylistic devices suited to the purpose, to communicate their meaning accurately and engage the interest of their audience

### **LESSON FOUR: SELF ADVOCACY**

**Conflict Resolution Strategies:** Learners will apply critical thinking, growth mindset, and self-awareness strategies to understand their strengths and areas for improvement in interpersonal conflict, through self-reflection and negotiation activities.

#### **Curriculum Expectations Covered:**

- Language; Writing 1.2- generate ideas about a potential topic and identify those most appropriate for the purpose
- Language; Oral Communication 2.4- use appropriate words and phrases from the full range of their vocabulary including inclusive and non-discriminatory language, and stylistic devices suited to the purpose, to communicate their meaning accurately and engage the interest of their audience

# **LESSON FIVE: SOCIAL ACTION**

**Conflict Resolution Strategies:** Learners will identify and apply strategies for addressing community-based social issues, using a design thinking tool to create their own action plan.

#### **Curriculum Expectations Covered:**

- Social Studies B1.2 create a plan of action to address a social issue of local, provincial/ territorial, and/or national significance, specifying the actions to be taken by the appropriate level of government as well as by citizens
- Social Studies B3.7 describe some ways in which citizens can take action to address social and environmental issues

#### **Works Referenced**

- Ontario Ministry of Education. (2015). The Ontario curriculum grades 1–8: Health and physical education [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/health1to8.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/health1to8.pdf</a>
- Ontario Ministry of Education. (2006). The Ontario curriculum grades 1–8: Language [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/language18currb.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/language18currb.pdf</a>
- Ontario Ministry of Education. (2009). The Ontario curriculum grades 1–8: The arts [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/arts18b09curr.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/arts18b09curr.pdf</a>
- Ontario Ministry of Education. (2013). The Ontario curriculum: Social studies, grades 1-6; history and geography, grades 7-8 [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/sshg18curr2013.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/sshg18curr2013.pdf</a>