

# **GRADE ONE**

# Virtual Workshop Series Outline - Fall

## **LESSON ONE: LISTENING SKILLS**

**Conflict Resolution Skills:** Learners will explore mindfulness and active listening skills, which will be applied in reflective and collaborative activities.

### **Curriculum Expectations Covered:**

 Language; Oral Communication 1.2 - demonstrate an understanding of appropriate listening behaviour by using active listening strategies in a few different situations

# **LESSON TWO: WORKING TOGETHER**

**Conflict Resolution Skills:** Learners will apply strategies for sharing, respect, understanding others, and teamwork in cooperative games.

# **Curriculum Expectations Covered:**

- Social Studies A3.4 identify some elements of respectful behaviour that they can practise in their everyday life and/or that other people practice
- Social Studies A3.5 demonstrate an understanding that it is important to treat other people and the environment with respect
- Language; Oral Communication 2.2 demonstrate an understanding of appropriate speaking behaviour in a few different situations, including paired sharing, and small- and large-group discussions

#### **OBJECTIVE**

Learners will develop conflict resolution skills and self efficacy in your classroom in hands-on activities, like games, drama, art and simulations.

#### **MATERIALS**

- Space: All activities can be done in your own classroom
- Tech: Device and projection for virtual facilitation video calls

# YOUR WORKSHOP SERIES INCLUDES:

- 5 cross-curricular TREE-led workshops
- TREE virtual classroom facilitators
- Weekly additional classroom resources:
  - Activity suggestions
  - Sharing circle prompts
  - Read-aloud guide
- Weekly evaluation tools
- Resources for families

## **LESSON THREE: CONFLICT SKILLS**

**Conflict Resolution Skills:** Learners will identify elements of conflict using the conflict-escalator tool, and will apply strategies to respond to conflict assertively.

### **Curriculum Expectations Covered:**

• Language; Media Literacy 1.3 - express personal thoughts and feelings about some simple media works

# **LESSON FOUR: OUR FEELINGS**

**Conflict Resolution Skills:** Learners will identify their own emotions and body language, and will apply strategies to respond to various feelings using dance.

### **Curriculum Expectations Covered:**

- Health and Physical Education C2.3 demonstrate the ability to recognize caring behaviours and exploitive behaviours, and describe the feelings associated with each.
- Language; Oral Communication 1.5 use stated and implied information and ideas in oral texts, initially with support and direction, to make simple inferences and reasonable predictions
- Arts A1.2 use dance as a language to express feelings and ideas suggested by songs, stories, and poems, with a focus on the element of body, particularly body shapes
- Arts A1.4 used varied and/or contrasting body shapes to communicate different types of messages
- Arts D1.1 create two- and three-dimensional works of art that express feelings and ideas inspired by personal experiences

## **LESSON FIVE: EMPATHY**

**Conflict Resolution Skills:** Learners will identify the emotions and body language of others, and will apply strategies to understand and help others through dramatic role playing.

### **Curriculum Expectations Covered:**

- Language; Oral Communication 2.6 identify some non-verbal cues, including facial expressions, gestures and eye contact and use them in oral communications, appropriately and with sensitivity towards cultural differences to help convey their meaning.
- Arts B1.1 engage in a dramatic play and role play, with a focus on exploring a variety of sources from diverse communities, times and places
- Arts B1.2 demonstrate an understanding of the element of character by adopting thoughts, feelings, and gestures relevant to the role being played
- Arts B1.4 communicate feelings and ideas to a familiar audience using a few simple visual or technological aids to support and enhance their drama work
- Arts B2.1 express feelings and ideas about a drama experience or performance in a variety of ways, making personal connections to the characters and themes in the story

#### **Works Referenced**

- Ontario Ministry of Education. (2015). The Ontario curriculum grades 1–8: Health and physical education [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/health1to8.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/health1to8.pdf</a>
- Ontario Ministry of Education. (2006). The Ontario curriculum grades 1–8: Language [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/language18currb.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/language18currb.pdf</a>
- Ontario Ministry of Education. (2009). The Ontario curriculum grades 1–8: The arts [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/arts18b09curr.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/arts18b09curr.pdf</a>
- Ontario Ministry of Education. (2013). The Ontario curriculum: Social studies, grades 1-6; history and geography, grades 7-8 [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/sshg18curr2013.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/sshg18curr2013.pdf</a>