



GRADE SEVEN & EIGHT

Conflict Resolution - Workshop Series Outline

LESSON ONE: WORKING TOGETHER

Conflict Resolution Themes and Strategies: Learners will practice teamwork, managing frustration, and resiliency through collaborative games. To be successful, they will overcome challenges, communicate with their team and practice positive psychology.

Curriculum Expectations Covered:

- Language - Oral Communication
- Health & Physical Education - Healthy Living
 - Grade 6: C2.3 Safe and positive social interaction, conflict management [PS, IS]
 - Grade 7: C2.2 Impact – bullying/ harassment [IS, CT]
 - Grade 8: C3.2 Impact of violent behaviours; supports [CT]

OBJECTIVE

Learners will develop conflict resolution strategies with hands-on activities, reflection, discussion, and mentorship.

TIME | 80 minutes

MATERIALS

- Space: all activities can be done in your own classroom!
- Whiteboard and markers

LESSON TWO: UNDERSTANDING OTHERS

Conflict Resolution Themes and Strategies: Learners will identify strategies to understand others and approach conflict with curiosity by practicing their active listening skills in a role play activity. This tool will provide a model to encourage learners to listen to understand, particularly in conflict situations.

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YOUR WORKSHOP SERIES INCLUDES:

- 5 cross-curricular workshops
- 2 TREE classroom facilitators
- Weekly evaluation tools
- Weekly additional classroom resources:
 - Activity suggestions
 - Reflection prompts
 - Media & discussion guide
- Resources for families

LESSON THREE: BUILDING EMPATHY

Conflict Resolution Themes and Strategies: Learners will practice active listening and build empathy as they share stories and learn from each other through facilitated circle process. Together, the class will explore how the benefits of difference and discuss how they can value each identity represented.

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LESSON FOUR: BEING PRESENT

Conflict Resolution Themes and Strategies: Learners will explore tools to become more present in their relationships and within themselves. Together, the class will build skills and language to thoughtfully respond to our emotions within conflict situations.

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LESSON FIVE: COURAGEOUS CONVERSATIONS

Conflict Resolution Themes and Strategies: Learners will explore strategies for courageous conversations, by applying conflict resolution strategies to real or simulated situations within their classroom community.

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 - Grade 6: C2.3 Safe and positive social interaction, conflict management [PS, IS]
 - Grade 7: C2.2 Impact – bullying/ harassment [IS, CT]
 - Grade 8: C3.2 Impact of violent behaviours; supports [CT]

Works Referenced

Ontario Ministry of Education. (2015). The Ontario curriculum grades 1–8: Health and physical education [Program of Studies]. Retrieved from <http://www.edu.gov.on.ca/eng/curriculum/elementary/health1to8.pdf>

Ontario Ministry of Education. (2006). The Ontario curriculum grades 1–8: Language [Program of Studies]. Retrieved from <http://www.edu.gov.on.ca/eng/curriculum/elementary/language18currb.pdf>