

## **LESSON ONE: KINDNESS**

**Conflict Resolution Skills:** Learners will explore and apply strategies for intentional and random acts of kindness, and will apply strategies for respect, empathy and teamwork by creating a plan to implement acts of kindness locally.

#### **Curriculum Expectations Covered:**

- Social Studies B2.1- formulate questions to guide investigations into some aspects of the interrelationship between the natural environment of selected communities and the ways in which people live
- Social Studies B3.6 identify basic human needs and describe some ways in which people in communities around the world meet these needs
- Language; Oral Communication 1.6 extend understanding of texts by connecting the ideas in them to their own knowledge and experience, to other familiar texts, and to the world around them

## **LESSON TWO: BUILDING ALLIES**

**Conflict Resolution Skills:** Learners will examine and apply strategies for friendship, inclusivity, and mutual respect in a community-building game.

## **Curriculum Expectations Covered:**

 Social Studies A3.2 - identify some different groups in their community, and describe some of the ways in which they contribute to diversity in Canada

#### **OBJECTIVE**

 Learners will develop conflict resolution skills and self efficacy in your grade four classroom in hands-on activities, like games, drama, art and simulations.

TIME | 60 minutes

#### **MATERIALS**

- Space: all activities can be done in your own classroom!
- Whiteboard and markers

# YOUR WORKSHOP SERIES INCLUDES:

- 5 cross-curricular workshops
- 2 TREE classroom facilitators
- Weekly evaluation tools
- Weekly additional classroom resources:
  - Activity suggestions
  - Sharing circle prompts
  - Read-aloud guide
- Resources for families

#### **LESSON THREE: STANDING UP FOR OTHERS**

**Conflict Resolution Skills:** Learners will examine strategies for standing up for and respecting others, and apply those strategies by dramatically re-telling stories of bullying or injustice.

#### **Curriculum Expectations Covered:**

- Health and Physical Education C 2.3- explain the importance of standing up for themselves and demonstrate the ability to apply behaviours that enhance personal safety in threatening situations
- Language; Reading 1.4 demonstrate understanding of a text by retelling the story
- Arts B1.1 engage in a dramatic play and role play, with a focus on exploring main ideas and central characters in stories from diverse communities, times, and places
- Arts B1.2 demonstrate an understanding of the element of role by communicating thoughts, feelings, and perspectives appropriate to the role being played
- Arts B1.4 communicate feelings and ideas to a familiar audience using several simple visual or technological aids to support and enhance their drama work

## **LESSON FOUR: MANAGING JEALOUSY**

**Conflict Resolution Skills:** Learners will identify feelings of jealousy and frustration, and will apply strategies to manage negative feelings when working with others through collaborative and drama activities.

#### **Curriculum Expectations Covered:**

• Arts B1.4 - communicate feelings and ideas to a familiar audience using audio, visual and/or technological aids to support or enhance their drama work

# **LESSON FIVE: TRUST IN RELATIONSHIPS**

**Conflict Resolution Skills:** Learners will identify strategies for trust and rebuilding relationships and will apply those strategies in a collaborative trust activities.

#### **Curriculum Expectations Covered:**

• Health and Physical Education C3.1 - describe how to positively relate to others and describe behaviours that can be harmful to others

#### **Works Referenced**

- Ontario Ministry of Education. (2015). The Ontario curriculum grades 1–8: Health and physical education [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/health1to8.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/health1to8.pdf</a>
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- Ontario Ministry of Education. (2009). The Ontario curriculum grades 1–8: The arts [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/arts18b09curr.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/arts18b09curr.pdf</a>
- Ontario Ministry of Education. (2013). The Ontario curriculum: Social studies, grades 1-6; history and geography, grades 7-8 [Program of Studies]. Retrieved from <a href="http://www.edu.gov.on.ca/eng/curriculum/elementary/sshg18curr2013.pdf">http://www.edu.gov.on.ca/eng/curriculum/elementary/sshg18curr2013.pdf</a>