



# GRADE SIX

## Fall Workshop Series Outline

### LESSON ONE: INDIVIDUAL CONFLICT STYLES

**Conflict Resolution Themes and Strategies:** Learners will identify their own conflict styles, and how it relates to their personal identity in a negotiation simulation.

**Curriculum Expectations Covered:**

- Health and Physical Education C2.3 - apply personal skills and interpersonal skills to promote positive interaction and avoid or manage conflict in social situations

### LESSON TWO: OUTCOMES OF CONFLICT

**Conflict Resolution Themes and Strategies:** Learners will develop mediation skills in collaborative role play scenarios.

**Curriculum Expectations Covered:**

- Arts B1.1 - engage actively in drama exploration and role play, with a focus on identifying and examining a range of issues, themes, and ideas from a variety of fiction and non-fiction sources and diverse communities, times, and places
- Social Studies A3.4 - describe significant events or developments in the history of two or more communities in Canada and how these events affected the communities' development and/or identity
- Health and Physical Education C2.6 - make informed decisions that demonstrate respect for themselves and others and help to build healthier relationships, using a variety of living skills
- Language; Oral Communication 2.2 - demonstrate an increasingly sophisticated understanding of appropriate speaking behaviour in a variety of situations, including paired sharing, dialogue, and small- and large-group discussions

**OBJECTIVE**

Learners will develop conflict resolution strategies with hands-on activities, reflection, discussion, and mentorship.

**TIME** | 80 minutes

**MATERIALS**

- Space: all activities can be done in your own classroom!
- Whiteboard and markers

**YOUR WORKSHOP SERIES INCLUDES:**

- 5 cross-curricular workshops
- 2 TREE classroom facilitators
- Weekly evaluation tools
- Weekly additional classroom resources:
  - Activity suggestions
  - Reflection prompts
  - Media & discussion guide
- Resources for parents and guardians

## LESSON THREE: SELF-CARE

**Conflict Resolution Themes and Strategies:** Learners will explore personal stressors, and self-care strategies, as a means of equipping themselves for stressful situations, successful problem- or conflict-solving.

**Curriculum Expectations Covered:**

- Health and Physical Education C3.1 explain how healthy eating and active living work together to improve a person's general health and well-being and how the benefits of both can be promoted to others
- Health and Physical Education C1.2 identify people and community resources that can provide support when dealing with choices or situations involving substance use and addictive behaviours

## LESSON FOUR: SELF-MANAGEMENT

**Conflict Resolution Themes and Strategies:** Learners will explore and practice strategies for anger- and frustration-management.

**Curriculum Expectations Covered:**

- Arts D2.1 - interpret a variety of art works and identify the feelings, issues, themes and social concerns that they convey
- Health and Physical Education C2.3 - apply personal skills and interpersonal skills to promote positive interaction and avoid or manage conflict in social situations

## LESSON FIVE: BUILDING UNDERSTANDING

**Conflict Resolution Themes and Strategies:** Learners will develop active listening and empathy skills using the empathy-mapping process.

**Curriculum Expectations Covered:**

- Social Studies A1.3 - explain how various groups have contributed to the goal of inclusiveness in Canada and assess the extent to which Canada has achieved the goal of being an inclusive society
- Language; Oral Communication 1.1 - identify a range of purposes for listening in a variety of situations, formal and informal, and set goals related to specific listening tasks
- Language; Oral Communication 1.2 - demonstrate an understanding of appropriate listening behaviour by adapting active listening strategies to suit a variety of situations, including work in groups
- Language; Reading 1.1 - read a wide variety of texts from diverse cultures, including literary texts, graphic texts, and informational texts

## **Works Referenced**

Ontario Ministry of Education. (2015). The Ontario curriculum grades 1–8: Health and physical education [Program of Studies]. Retrieved from <http://www.edu.gov.on.ca/eng/curriculum/elementary/health1to8.pdf>

Ontario Ministry of Education. (2006). The Ontario curriculum grades 1–8: Language [Program of Studies]. Retrieved from <http://www.edu.gov.on.ca/eng/curriculum/elementary/language18currb.pdf>

Ontario Ministry of Education. (2009). The Ontario curriculum grades 1–8: The arts [Program of Studies]. Retrieved from <http://www.edu.gov.on.ca/eng/curriculum/elementary/arts18b09curr.pdf>

Ontario Ministry of Education. (2013). The Ontario curriculum: Social studies, grades 1-6; history and geography, grades 7-8 [Program of Studies]. Retrieved from <http://www.edu.gov.on.ca/eng/curriculum/elementary/sshg18curr2013.pdf>